

Dehnung Rippenmuskulatur Sitz

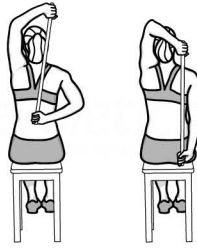
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#1090



Dehnung hinterer Oberarm Sitz

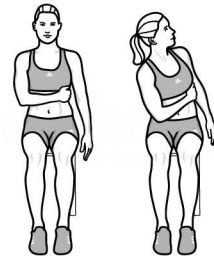
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#1102



Dehnung LWS/BWS Sitz

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#1098



Dehnung seitlicher Nacken - rechts - Stuhl

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#8652



Dehnung Brustmuskulatur wechselseitig

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#8591



Dehnung Brustmuskulatur beidseitig

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#8585



Dehnung triceps, deltoideus, trapezius

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#1327



Dehnung (stat.) - HWS Flexion - Sitz

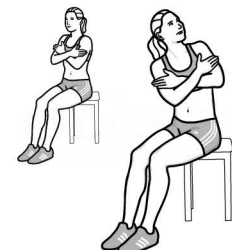
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#1114



Dehnung (stat.) LWS-flexoren -Rotatoren

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#1123



Dehnung Triceps - Mobilisation Schulter

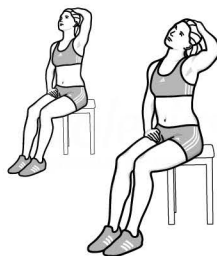
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#4973



Dehnung Hals- und Nackenmuskulatur

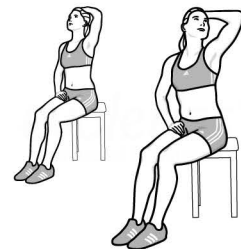
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#4986



Dehnung Hals- und Nackenmuskulatur

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#4989



Dehnung Brustmuskulatur

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#8571



Dehnung Brustmuskulatur - beidarmig

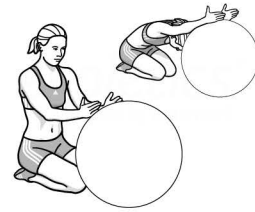
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#8629



Dehnung Latissimus dorsi

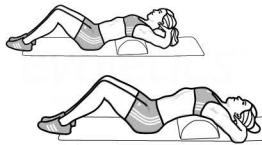
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#3066



Dehnung BWS Rückenlage

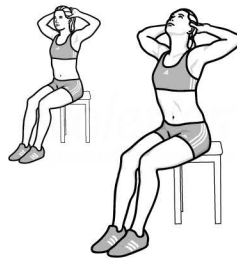
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#1092



Dehnung Wirbelsäule - Hocker

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#1126



Dehnung (stat.) LWS-Flexoren - Rotatoren

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#1123